

# **1<sup>st</sup> North Springfield Scout Troop**

## **Summer Camp 2003**

**26 July – 2 August**

**Downe – Kent**

### Information for Scouts

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## Introduction

*Congratulations* – you’ve signed up to attend the best event of the year! Keep on reading for a little more info and tips to help you enjoy the week away...

### The campsite

Downe is a beautiful, wooded undulating Camp Site situated 16 miles from central London in rural Kent, the Garden of England. Downe is south of Bromley and Orpington, and north east of Biggin Hill. It consists of large open grass sites surrounded by trees, together with many smaller woodland sites.

Downe is steeped in Scouting history. Gang Shows began through a show to raise money to build the outdoor swimming pool which Baden-Powell opened on 18th June 1933



The site offers a variety of activities including Archery, Shooting, Climbing/Abseiling, an outdoor Swimming Pool, Orienteering, Pedal Go-Karts and an Adventure Course

There are hot showers on site as well as a large tuck shop.

### The Patrols

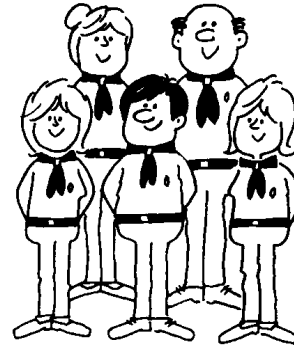
The Patrols for the camp are shown below:

	Patrol 1	Patrol 2	Patrol 3	Patrol 4
PL	Mark Standing	Stuart Parker	David Bracken	Greig Hudson
APL	Peter Whitmell	Ryan Campbell	David Kett	Jason Stacey
	Matthew Harmon	Elliot Hughes	Adam Stacey	Fraser Eddie
	James Durham	Thomas Durham	Max Lewis	Craig Seward
	Tom Klar	Jonathan Cruickshank	Matthew Briggs	David Cruickshank
			Matthew Kett	

## The Patrols cont.

Don't forget:

- Patrols are groups who work and have fun together. Remember: there's no **I** in **TEAM!**
- The PL and APL are there to organise and look after the Patrol. Work with them and everyone will enjoy the week much more!
- If you have an idea, problem or concern first speak to your Patrol leader then a leader.



## Patrol Inspections

Inspections of the Patrol area will be carried out on an ad-hoc basis as time permits. Don't forget:

- Keep your kit neatly stored away in your bag. Keep your tent tidy. Make sure that kit and equipment is put away when you leave your Patrol site unattended.
- Keep your Patrol area clean and tidy.
- Ensure that surfaces and cooking utensils are clean before preparing food. Burn as much rubbish as possible or use the bags provided. Don't drop litter.
- Don't leave food lying around. Store it in your Patrol box or return to the central stores.
- Store firewood neatly and in a dry place. You'll appreciate it when you wake up and it's raining!!!
- Make your Patrol area unique. Construct some camp gadgets such as washing up stands or chairs from materials you can find. Why not think of a name for your patrol, design a patrol sign or have a patrol song.

## Top Patrol 2003

Each Patrol will compete throughout the week to gain the most points, in order to be the top camping Patrol of 2003. Points will be awarded for inspection, cooking, hygiene, punctuality and a variety of things which will be decided at camp.

## Whistles

If the whistle is blown once only, this means Patrol Leaders are required at the mess tent.

Two whistles means that all Scouts should assemble by the mess tent.

## Noise

There will be many groups camping at Downe. Please respect them and keep noise to a minimum after 10.30pm.

## **Food and cooking**

During the week there will be a variety of different meals. These will be either centrally prepared by the leaders or by yourselves in Patrols. Cooking will be either on open fires or gas stoves. There will always be plenty of food, so you should never go hungry.

### **Breakfasts**

These will consist of cereal, a cooked breakfast and bread, butter and jam/marmalade. A hot drink will also be available.

### **Lunches**

These will often be centrally prepared, with the exception of the backwoods cooking, and will be sandwiches and fruit.

### **Dinner**

A variety of dishes and desserts. A hot drink will also be available.

### **Supper**

This will consist of some of the following:

Soup, bread, cake, cheese and biscuits, sweet biscuits and a hot drink as appropriate to the day's activities and the weather.

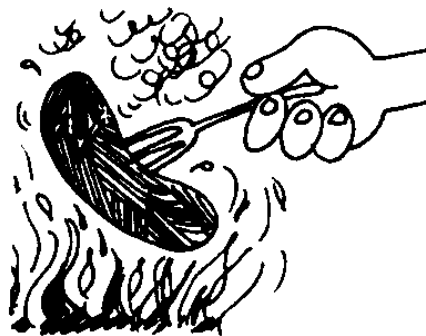
## **Patrol Cooking Competition**

On the Thursday evening we will be running a Patrol-cooking competition. As a Patrol you should think about what you would like to cook – perhaps have a look through some books before departing for camp. On Thursday afternoon some of your patrol you will have the opportunity to visit a local supermarket to buy what you require for your meal. Here are a few points to think about:

- You will be allocated £3.50 per head (including a leader who will be eating with you) to spend on food.
- Your meal should consist of 3 courses, at least one of which should be served hot.
- You should provide a menu and shopping list showing required quantities to Jonathan Wentworth by no later than 6pm on Wednesday evening in order that we can review your menu idea.
- You will be awarded points not only for the meal but also for the preparation, presentation and taste.
- You may bring any items you wish from home, except food, to assist you in the competition.
- At least one part of your meal should be cooked on an open fire.

## Top tips for summer camp...

- When pegging out the side guy-lines of your tent start with the two end pegs. Temporarily tie a piece of sisal between them to help you get all of the pegs in line.
- To prevent uninvited guests wandering through the entrance of your roped-off site construct a simple door/gate with sisal and a small log/twig - not from a living tree!
- When cooking on an open fire, coat the outside of your pans (prior to use) with a thin layer of washing up liquid. The soot will then easily wash off with warm water.
- When cooking on an open fire wet the surrounding grass to prevent scorching. Always keep a bucket of water handy in case of emergencies.
- Maintain a well stocked pile of wood graded by size.
- Don't go out collecting wood without a bag or a piece of sisal for bundling it together - see how much more you can bring back
- Be **very careful** when using stoves, gaz lights, saws and axes. Never take any of these items into your Patrol tent
- When cooking always have hot water at hand for hand wash and washing up.
- Always ensure that food is cooked thoroughly and is piping hot. If in doubt ask a leader.
- When washing up, always wash the cleanest items first, then the water will last longer. Hot water will always be available.
- If your clothes get really dirty in the week then you should wash them through by hand. Make sure you know how to wash clothes by hand.
- Report any cases of injury to a leader, even if you treated it yourself.
- If in doubt, always ask.



## Camping Standards Guidelines

### General

50 points

- Site roped off
- Gateway, Patrol name on display

### Tent Pitching

150 points

- Tent in good condition
- Guys in line with seams
- Pegs in line and at correct angle
- Adequate space between guys and canvas
- Poles straight
- Tent walls straight(do not extend beyond eaves of tent)
- Tent walls brailled up in suitable weather

### Inside tent

50 points

- Gear stowed tidily and uniforms hung up
- Groundsheet in good condition

### Kitchen area

150 points

- Good layout
- Cooking area safety
- Hygienic work surfaces and utensils
- No food scraps or rubbish lying around
- Utensils stored tidily
- Dining shelter, clean & tidy
- Gadgets

**Note: hygiene will be an ongoing priority.**

### Waste disposal

50 points

- Clean
- Well marked off
- Wet waste disposal
- Dry waste disposal

### First Aid Kits

50 points

## **Badges to do at camp**

Why not use the week away to work towards one or more of these badges

### **Camp Cook**

The Scout must complete the following:

1. Discuss with the assessor how and where to shop for food and how to transport it.
2. Demonstrate proper storage and cooking under camp conditions. This must include knowledge of hygiene in the camp kitchen and how to prevent food poisoning.
3. Create a day's menu that includes quantities for a group of between four and six Scouts. Don't forget to consider any cultural, religious or vegetarian needs of the group.
4. Successfully cook and serve the menu that they have created.

*All dishes are to be cooked under camp conditions and preferably on a wood fire.*

### **Camper**

The Scout must complete the following:

1. Camp under canvas as a Scout for a total of at least 15 nights.
2. Lead a group of Scouts in the pitching, striking and packing of a four to six person tent.
3. Know what to look for when choosing a campsite.
4. Show an understanding of the reasons for camp hygiene and the importance of being safe and tidy in camp.
5. Demonstrate how to store food in a suitable tent.
6. Construct a camp larder, a camp oven and two other gadgets of their own choice.
7. At a camp, cook for between two and six people one of the following two meals:
  - a) A hot breakfast meal
  - b) A dish for a main meal, which must include two vegetables.
8. Have a good knowledge of Nights away, a complete guide to Scout camping, holidays, expeditions and Sleepovers.

### **Heritage – sponsored by English Heritage**

Complete a study of an aspect of national or local heritage or history.

Mount a display, exhibition or presentation of their work. This could be a custom or craft, the history of a building or the life of a famous person from history

*Why not use our visit to Chatham Dockyards for this award? Just take a few notes, sketches and photos as you go round, then prepare a short report or presentation during the summer holidays.*

## Useful websites

Why not have a look at some of the following websites before coming to camp?

**Downe campsite** – the site on which we will be stopping.

*<http://www.downeactivitycentre.org.uk>*

**Scoutbase** – the official site of the Scout Association. Contains programme and badge / award material

*<http://www.scoutbase.org.uk/>*

**The Garden of England** – Explore Kent online

*<http://www.kenttourism.co.uk/en/index.asp>*

**The Historic Dockyard Chatham** – where we'll be visiting on the Monday, including details of the HM Submarine Ocelot and warship HMS Cavalier.

*<http://www.chdt.org.uk>*

**Chislehurst Caves** – A labyrinth of dark mysterious passageways which have been hewn by hand from the chalk, deep beneath Chislehurst. Our visit for Wednesday afternoon.

*<http://www.chislehurstcaves.co.uk/>*