

# Summer Camp kit list

The following list is a guide to the personal effects recommended for camp. Spaces have been provided to add your own items not shown.

## General wear - for journey to and from camp

- Scout uniform
- Day sack containing a packed lunch and water bottle (itself containing a drink)
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## Rucksack/ hold-all containing

- Waterproof overcoat and trousers
- Sufficient activity clothes for 7 days
- Torch plus spare batteries
- Additional warm jumpers for evenings
- Swimming kit + towel
- Sun protection inc. baseball cap / sunhat
- Additional footwear
- Old trainers for canoeing / sailing
- Pen knife (optional)
- Walking boots
- Knife, fork, spoon, bowl, plate and mug
- Coat / fleece
- Woolly hat & gloves

## Sleeping arrangements

- Sleeping bag
- Blanket (optional)
- Pillow (optional)
- Carry-mat or similar
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## Health and hygiene

- Towel
- Soap and general washing material, including hair brush
- Personal first aid kit
- Any prescribed medicines (please inform Leaders of all medicines taken to camp)
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## Miscellaneous

- Bin bag for wet/soiled clothes
- T towel (recommended non returnable)
- Folded wire coat hanger (to hang uniform on inside tent)
- Disposable camera (optional)
- Pencil / note pad (please not pens)
- Spending money
- Whistle and compass (optional)

**Please note:** The Scout Association does not provide automatic insurance cover for personal items taken to camp. It is therefore recommended that valuables are kept to a minimum.

The following items must not be brought to camp: Mobile telephone, portable radio's, any knife that is not a personal pen knife or expensive clothing/trainers.